

ALL ARE WELCOME

*Perfect for
teachers & students
of Yoga*

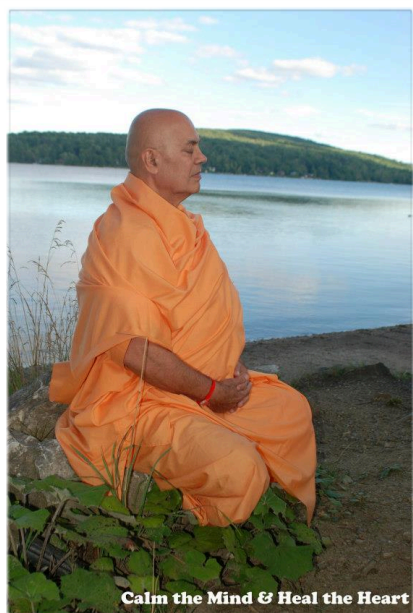


Return to the Root of Yoga

Each stone of the path is a scripture. Each scripture is a journey into wisdom. Wisdom is the key to unlocking the promise of Yoga.

9/27 Kena Upanishad
9/28 Katha Upanishad
9/30 Mandukya Upanishad
10/1 Bhagavad Gita
6:30pm each evening

Join Swami Adhyatmanandaji for a journey into the wisdom of four important ancient scriptures of Yoga. These teachings expound upon the meaning of spirituality and the essence of the Self, the dilemma of death and dying, the essence of the pranava OM, and the path to resolving our suffering and awakening to who we really are.



Calm the Mind & Heal the Heart

Sri Swami Adhyatmanandaji Maharaj of the Sivananda Ashram, Ahmedabad, is a beloved disciple of H.H Sri Swami Chidanandaji Maharaj. Lovingly called Swamiji, He is a dynamic being, master Yogi and a spiritual giant who touches the heart of everyone who comes in contact with him. Swamiji naturally radiates peace, love and divinity. People from all walks of life find solace in his holy presence. He is one of the most sought after speakers in India and abroad. His lectures are a spontaneous outpouring of divine wisdom. His ability to make the esoteric subject of spirituality simple through a perfect blend of humor, melodious singing and down to earth practical approach put him in the class all by himself.