



GSTB & ICC is Sponsoring
Lecture, Meditation Event and Yoga Class by
H. H. Sri Swami Adhyatmanandaji Maharaj
September 29th & September 30th

India Cultural Center
5511, Lynn Road, Tampa, Fl, 33624



About H.H. Sri Swami Adhyatmanandaji Maharaj

H. H. Sri Swami Adhyatmanandaji Maharaj is the beloved disciple of H.H. Sri Swami Chidanandaji Maharaj. Swamiji embraced the life of mendicant on January 1, 1971, and was embraced in the holy order of sannyasa in the year 1974. Since then, as per his worshipful Gurudev's instructions, he has been continuously spreading the message of sages of the yore and sharing the knowledge of ancient cultural and scientific heritage of ancient India through Yoga, Pranayama and Meditation. He is the President of Sivananda Ashram, Ahmedabad as well as of Gujarat Divya Jivan Sangh, Ahmedabad. So far, he has conducted more than 800 Yogasana and Meditation camps around the globe.

Date & Time

Sunday, September 29th

Evening Session

6:00 – 6:30PM Meditation

6:30 – 7:30PM Lecture

7:45 – 8:30PM Light Refreshment

Monday, September 30th

Morning Session

7:30 – 8:30AM Yoga

8:30 – 9:00 AM Meditation

Evening Session

6:00 – 7:00PM Lecture on Yoga & Health

7:00 – 8:00PM Light Dinner

For more information, please contact

Mr. Nikunj Patel: 813-264-4638

Mr. Aravind Patel: 813 784 7701

Dr. Ashok Modh: 813-728-4450

Mr. Jaimin Amin: 813-283-8125

Mr. Manish Kharod: 813 245 9219

Dr. Gaurangi Patel: 727 460 9624

Mr. Keval Brahmhatt: 813 494 2700

Mr. Upendra Upadhyay: 813 802 4638

Mrs. Saroj Khant: 813 251 3839

Mrs. Asha Kharod: 813 240 4661