



Greenleaf Integrative Strategies

presents

SUSTAINING SERVICE

Managing Stress Spiritually in Diverse Service Work

- *Why live a life of service in the context of a spiritual path?*
- *If service work can lead to burnout or compassion fatigue, what renewal practices can be helpful?*

An evening talk, mind-body-heart experiences, and Q&A with



Swami Adhyatmananda

Saturday, July 11, 2009
5:00 – 8:00 pm

Perry Auditorium
Washington National Cathedral

(Hosted by Washington National Cathedral Interfaith Program)

For directions: <http://www.nationalcathedral.org/visit/directions.shtml>

This interfaith presentation would most benefit:

- *People working at direct service organizations, advocacy NGOs, CBOs and foundations*
- *People at government agencies that assist populations in crisis*
- *Psychotherapists, Spiritual Care practitioners, Health providers, and healers*
- *Teachers and School Counselors*
- *First-Responders*
- *Anyone interested in developing sustainable ways to offer service*

COST: A voluntary, sliding scale donation of \$5-\$25 may be given as an offering to the organization of His Holiness to continue to make these teachings possible to all who seek them.

RSVP REQUIRED: To reserve your space, please contact Dr. Siddharth Ashvin Shah at 917.405.3316 or drshah@greenleaf-is.com. Specific details about the event will be sent upon receipt of an RSVP.

Swami Adhyatmananda is one of the most sought-after Indian speakers and is the spiritual head of the Shivananda Order located in Ahmedabad, India. The Order, named after the late Swami Shivananda, is one of the most venerable centers of learning in India. The Shivananda Order is a non-sectarian tradition of Hinduism that respects and reveres all faiths and people. He is currently on tour in the U.S. For more information: <http://www.divyajivan.org/adhyatmananda/index.htm>.

Hope you can join us!