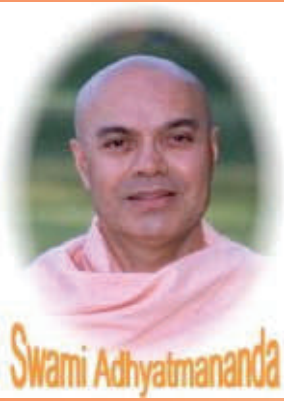
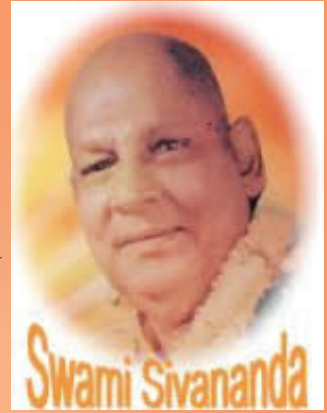


Programs of H. H. Sri Swami Adhyatmanandaji in Chicago Area



Coming from a great lineage of Holy Master Sri Swami Sivanandaji Maharaj and a disciple of the Most Revered and Worshipful Sri Swami Chidanandaji Maharaj, Sri Swami Adhyatmanandaji will be in Chicago area from June 29, 2006 to July 5, 2006. Swamiji's Morning Yoga Sessions are organized by HTGC and evening satsangs are organized at various places. His simple and powerful teaching of Yoga way of living is much appealing to people everywhere He goes. He has conducted more than six hundred and fifty Yoga Camps all over the world. Swamiji has dedicated his life for spreading the message of Holy Master Sri Swami Sivanandaji Maharaj. Swamiji is a Spiritual head of Sivananda Ashram, Ahmedabad.



Free Morning Yoga , Pranayama & Meditation Sessions at HTGC¹ from Thursday, June 29th to Wednesday, July 5th (6.00am to 7.30am)

Dates	Time	Location	Subject
Thursday, June 29, 2006	11.00 am to 2.00 pm	Northeastern ² University	Yoga Work Shop
	7.30 pm to 9.00 pm	Satsang with Lohana Association Group ³	Bhakti Yoga
Friday June 30, 2006	7.30 pm to 9.00 pm	Home Satsang ⁴	In Tune with Infinite
Saturday, July 1, 2006	12.00 pm to 1.00pm	Home Satsang ¹¹	Japa Sadhana
	5.00 pm to 7.00 pm	Gayatri Mandir ⁵	Guru Mahima
	8.30 pm to 9.30 pm	Hari Om Mandir ⁶	Devi Mahatmaya
Sunday July 2, 2006	10.00 am to 11.00 am	Home Satsang ¹²	Power of Gayatri Mantra
	12.30 pm to 1.30 pm	Hari Om Mandir ⁶	Stress Management through Yoga
	3. 30 pm to 5.00 pm	HTGC ¹	Power of Mantra
	6.00 pm to 7.00 pm	Sri Arbindo Center ⁷	"Meditation"- techniques
Monday, July 3, 2006	11.00 am to 2.00 pm	KP Convention ⁸	Yoga, a Way of Life
	5.00 pm to 6.30 pm	Satsang at Indiana ⁹	Yoga Workshop

Tuesday , July 4 2006 Visit and Satsang in Milwaukee ¹⁰area

1-Hindu Temple of Greater Chicago 10915 Lemont Road Lemont, Il 60439 (630) 972- 0300	7- Sri Arbindo Center Jaysree & Ramesh Pandya 1031 N. Kuhn Rd Carol Stream, Il 60188 (630) 871-9813
2- Northeastern Illinois University 5500 n. St. Louis Ave Chicago 60091	8-KP convention Indian Lake Resort 250 W Schick Road Bloomingtondale, Il 60108
3- Lohana Association Hari Om Mandir 6n020 Medinah Road Medinah, IL 60157 (630) 980- 0900	9-Indiana –Satsang Durga & Ramesh Kanuru 1200 Bally Bunion court Dyer, IN-46311 (219)865-2420
4- Home Satsang 807 Wildwood Court Oak Brook, Il 60523 (630) 530-5950	10- Milwaukee- Satsang Harsha & Naveen Patani 778 Canton Ave Fond Du Lac, WI 54935 (920)921-4033
5- Gayatri Parivar 6023 N. Northwest Hwy. Chicago IL60631 (773) 467-4878	11-Home Satsang Dhaval & Devyani Raj 271 John M Boor Drive Gilberts, Il 60136 (847) 858-8135
6- Hari Om Mandir 6n020 Medinah Road Medinah, IL 60157 (630) 980- 0900	12-Home Satsang Jyotsna & Harindra Joshi 6620 Appletree Street Hanover Park, Il 60133 (630)213-2750

Instructions for the Yoga session attendees

- Bring your exercise mat or blanket
- Wear appropriate loose clothes
- Be punctual and observe discipline
- Observe silence and have prayerful mood.
- Children under six should not attend the class

Please address the Donation Check to,

“Divya Jivan Sanskrutik Sangh”

If you wish to have Swamiji’s Bhiksha and /or home visit, email divya.tour2006@gmail.com or phone # 630– 530– 5950 .
Details related to Swamiji’s other programs are available on website : http://www.divyajivan.org/divya_tour2006/index.htm