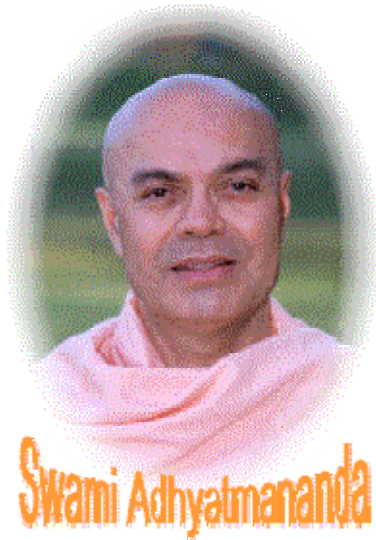


Programs of H.H. Sri Swami Adhyatmanandaji in Salt Lake City, Sri Ganesh Hindu Temple



Coming from a great lineage of HOLY MASTER SRI SWAMI SIVANANDAJI MAHARAJ and a disciple of the Most Revered and Worshipful SRI SWAMI CHIDANANDAJI MAHARAJ, SRI SWAMI ADHYATMANANDAJI will be in Salt Lake City from Aug. 5th to August 7th, 2006

Swamiji is world renowned for his Yoga, Meditation and Pranayam camps and has conducted more than 650 Yoga Camps all over the world. Besides Yoga, He is sought after for Spiritual Discourses in India and all abroad. He can converse in fifteen Indian languages and His discourses on the subjects like Gita, Upanishads, Srimad Bhagavat, etc. in most simple language has touched and inspired millions of listeners in last thirty five years of his monastic life. At present, he is the president of Sivananda Ashram, Ahmedabad as well as of Gujarat Divya Jivan Sanskrutik Sangh. He is not only the beating heart of Sivananda Ashram but he resides in the hearts of millions of his devotees all around the world.

It is a great pleasure to announce the following sessions that will be held at the Sri Ganesh Hindu Temple of Utah (1142 W 10400 South, South Jordan, UT 84095):

Morning Workshops

Dates	Time*	Subject
Aug. 5 th	7 am to 8:30am	Yoga, Pranayam and Meditation Workshop
Aug. 6 th	7 am to 8:30am	Yoga, Pranayam and Meditation Workshop

Evening Discourses

Dates	Time*	Subject
Aug. 5 th	4pm to 6pm	Stress Management through Yoga
Aug. 6 th	4pm to 6pm	Gita in Daily Life

**Sessions will begin promptly on times noted above. Prasad will be given after the sessions.*

Swamiji has also offered home visits for Bhajan, Kirtan or for those seeking his blessings. For any more information to schedule a home visit or regarding any of the above, please call (801)486-1619