



# YOGASAN SHIBIR AND DISCOURSES

8<sup>th</sup> September to 16<sup>th</sup> September 2008

**H.H. Swami Adhyatmanandaji Maharaj** President of Sivananda Ashram, Ahmedabad, India, beloved disciple of most Revered Worshipful **H. H. Sri Swami Chidanandaji Maharaj** (late) former International President of The Divine Life Society, Rishikesh, India.

He is a magnificent orator, a melodious singer and an erudite scholar. He has conducted 700 Yoga, Pranayam and Meditation Camps to date, all over the world and inspired a number of people to seek higher goal through spirituality and selfless service.

All are cordially invited to attend the following program, please inform your family and friends.

<b>Program at Gur Mandir</b>		
207 Queens Plate Drive, Toronto, Ontario M9W 6Z7 Tel.: 416 840 7677		
DATE	TIME	SUBJECT
September 8 (Monday)	7.00 to 8.00 PM	Guru Paduka Pujan, Swami Shivanandaji Maharaj. Welcome to Swami Adhyatmanandaji Maharaj
September 9 to 16	7.00 to 8.00 AM	Yogasana Shibir
September 14	4.30 to 6.00	Yoga and It's benefits on physical and spiritual plane
<b>Program at Shri Vaisnodevi Temple</b>		
3259 Regional Road #25, Oakville, Ontario, Canada Tel.: 905 825 4202		
DATE	TIME	SUBJECT
September 9 to 16	6.00 to 8.15 PM	Yogasana Shibir followed by Discourse on Gita
<b>Program at Devi Mandir</b>		
2590 Brock Road, Pickering, Ontario L1V 2P8 Tel.:905 686 8534		
DATE	TIME	SUBJECT
September 14 (Sunday)	10.00 to 12.30 PM	Discourse for Youth
<b>Program at Ganesh Temple</b>		
10865 Bayview Avenue, Richmond Hill, Ontario L4S 1M1 Tel.: 905 883 9109		
DATE	TIME	SUBJECT
September 12 and 13	3.00 to 4.00	Vedic Living in Modern Life
<b>Program at Laxmi Narayana Temple</b>		
1 Morning View Trail, Scarborough, ON Canada Tel: 416 284 6282		
DATE	TIME	SUBJECT
September 14 (Sunday)	12.45 to 1.30	Discourse on Narayana

**Contacts: Kamlesh Dave (North York) 416-444-6013, Ram Gogia (Mississauga) 905-276-6698, Anjali Shah (Vaughn) 6474308511, Mayur Upadhyay (Scarborough) 416-519-0801 to invite Swamiji at your Home/office and for Yoga Shibir Registration.**

Learn more about Swamiji at <http://www.divyajivan.org>