

# **The Hindu Temple of Birmingham**

*Proudly presents*

## **Discourses by H. H. Sri Swami Adhyatmanandaji**



The Divine Life Society was founded by H. H. Sri Swami Sivanandaji Maharaj in the year 1936. Sri Swami Adhyatmanandaji Maharaj is the beloved disciple of Brahmleen H.H. Sri Swami Chidanandaji Maharaj. His worshipful Gurudev's instructions, he is continuously spreading the message of sages of the yore and sharing the knowledge of ancient cultural and scientific heritage of ancient India through Yoga, Pranayama, and Meditation. So far, he has conducted 694 Yogasana camps around the globe. Swamiji has inspired thousands of his devotees to donate blood and He, Himself has donated blood 117 times mainly for the armed forces.

His discourses on the subjects like Gita, Upanishads, Srimad Bhagavat, etc. in most simple language has touched and inspired millions of listeners in last thirty five years of his monastic life. His services to the nation through his yoga camps in the universities, colliery mines, Indian armed forces, Indian administration services not only in the planes but also at Leh (Laddakh), Kargil, Punch etc., has given him a great satisfaction of his Karma Yajna in uplifting the individual. At present, he is the president of Sivananda Ashram, Ahmedabad as well as of Gujarat Divya Jivan Sangh.

**Dates:** October 2nd thru 5<sup>th</sup>: Thursday thru Sunday

**Times:** 7:00 to 8:30 am Yoga & Meditation (Fri, Sat & Sunday)

7.00pm-8.30pm Discourses (Thur, Fri, Sat), 10.30am-Noon (Sunday)

*For More information and details, please contact:*

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