### What is Project Manav Manav Seva?

PLACE STAMP HERE

Project Manav Seva is an extensive program guided by Sri Swami Adhyatmananda Saraswati that focuses on holistically helping the needy and indigent populations of India. Swamiji is a spiritual master whose heart bleeds for human suffering, thus leading him to provide the guidance required for such a noble undertaking. Under his guidance, programs specifically geared towards helping the needy and disabled have grown and flourished successfully. Project Manav Seva has been carried out by the Bhagwanshri Vishwanath Mahadev Seva Kendra, Sivanand Ashram, Ahmedabad for the last eight years and continues to grow by leaps and bounds in the advancement of current programs which address the alleviation of human suffering. The ultimate goal of this program is to further spiritual growth for both those served and those providing service while simultaneously making a difference in people's lives. The continuation of such comprehensive programs has been possible only because of the unstinted devotion and generous financial assistance provided by selfless devotees of the Lord like yourselves.

Spiritual Life Foundation 807 Wildwood Court Oak Brook, IL 60523





**Sri Swami Adhyatmanandaji** Sivananda Ashram, Ahmedabad, India

Service to Humanity is Service to God

# What are some of the services offered by Project Manay Seva?

- Ongoing free health clinics providing comprehensive health check-ups and treatments
- Corrective surgeries for those afflicted with cataracts, polio, strokes, etc.
- Hearing aids and other equipment, i.e., wheelchairs and walking aids, for the disabled
- Free nutrition programs, including provisions for food for the hungry
- Individualized rehabilitation programs
- Yoga and meditation camps
- Nurturing of spiritual enlightenment through periodicals and book publications
- Efforts to alleviate human suffering in the event of natural calamities
- Develop structures to facilitate all of the above services

## How will my donation help this

Unlike other programs, the extensive services offered through Project Manav Seva are effectively, efficiently, and economically run with little to no administrative costs. Under Swamiji's supervision, you can be assured that your generous donation will go directly towards helping those in need: the hungry, the sick, the homeless, the poor, and the disabled. Your charitable contribution will not only allow these much-needed programs to continue, but will also help them to grow in dimension and impact to respond to the needs of more people. Each and every donation will make a significant difference in the lives of others and promote spiritual growth. Yes, you can make a difference!

#### Please donate generously to support this noble cause!

All your donation money will go to work immediately where it is needed the most!

Name: _	
Address:	
DI	
Phone:	
Email:	
Amount	\$

Kindly draw your check to:

### Spiritual Life Foundation

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Thank You For Your Support!