

Hindu Temple of Toledo

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Sylvania, OH 43560
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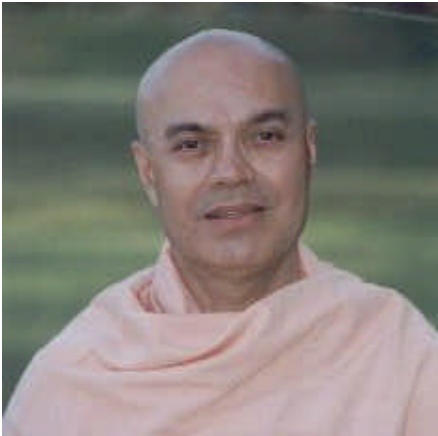
Spiritual Retreat & Yoga Introduction

March 26 to March 29, 2003

By

H. H. Sri Swami Adhyatmananda

We welcome you all to a spiritual retreat and Yoga Classes at Hindu Temple of Toledo with Sri Swami Adhyatmanandaji



Sri Swami Adhyatmanandaji is a dynamic monk, the president of Sivananda Ashram, Ahmedabad- India and a beloved disciple of the most revered H. H. Sri Swami Chidanandaji Maharaj. He has a multifaceted, magnetic and versatile personality and is a magnificent orator, a melodious singer and an erudite scholar. Swamiji is also a world renowned teacher of Yoga, Pranayama and Meditation who, upon previous visits to the U.S. inspired a number of people to seek higher goal through Spirituality and selfless service.

Date	Time	Subject
March 27– March 28, Thursday– Friday	6.30 AM to 7.30 AM &	Yoga, Pranayam & Meditation
March –29, Saturday	7.00 AM– 9.00 Am	
March 26, 2003 Wednesday	7.30 PM to 9.00 PM	Discourse by Sri Swami Adhyatmananda Stress Management through Yoga
March 27, 2003 Thursday		