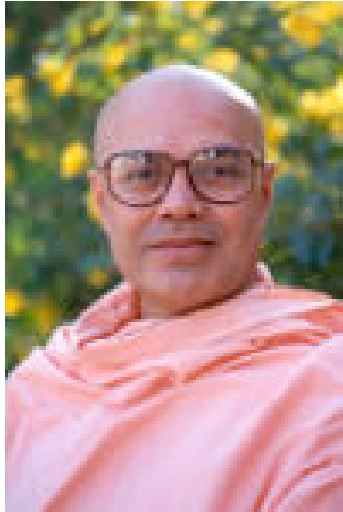


Swami Adhyatmanandaji from Sivananda Ashram, India is coming to Utah after 3 years



Coming from a great lineage of HOLY MASTER SRI SWAMI SIVANANDAJI MAHARAJ and a disciple of the Most Revered and Worshipful SRI SWAMI CHIDANANDAJI MAHARAJ, SRI SWAMI ADHYATMANANDAJI will be in Salt Lake City from Aug. 10th to August 12th, 2009

Swamiji is world renowned for his Yoga, Meditation and Pranayam camps and has conducted more than 700 Yoga Camps all over the world. His previous visit to SLC was in August 2006 whereby more than 300 people benefited from his Yoga camp and discourses. His discourses on the subjects like Gita, Upanishads, Srimad Bhagavat, etc. in most simple language has touched and inspired millions of listeners in last thirty five years of his monastic life. His talks are a spontaneous outpouring of divine wisdom coming from decades of personal experiences of living the spiritual life. At present, he is the president of Sivananda Ashram, Ahmedabad as well as of Gujarat Divya Jivan Sanskrutik Sangh.

It is a great pleasure to announce the following sessions that will be held at the Sri Ganesh Hindu Temple of Utah (1142 W 10400 South, South Jordan, UT 84095):

Morning Workshops (Attendance is Free)

Dates	Time*	Subject
Aug. 11 th	6:30am to 8am	Yoga, Pranayam and Meditation Workshop
Aug. 12 th	6:30am to 8am	Yoga, Pranayam and Meditation Workshop

Evening Discourses (Attendance is Free)

Dates	Time*	Subject
Aug. 10 th	7pm to 8:30pm	Living Life in Balance – The road to happiness
Aug. 11 th	7pm to 8:30pm	Peace of mind in troubled economic times

**Sessions will begin promptly on times noted above. Prasad will be given after the sessions.*

Swamiji has also offered to speak on a variety of topics at an event or function. He has also offered home visits for Bhajan or for those seeking his blessings. To coordinate an event or to schedule a home visit, please call (801)712-5054.